

## Student Reflection Form

Now that you have completed your job shadowing experience, you will want to take some time to think about your future career plans. To start this process, respond to the following questions.

Describe the department you visited.

What type of work activities did you observe during your job shadowing experience?

What did you like best about your job shadowing experience?

What did you like least about your job shadowing experience?

What surprised you most about what you observed, heard, did and/or learned?

If you wanted to work in the department you visited, what might you do to prepare in the next five years both in high school and afterwards?

Would you consider a career in the career area you visited? Why or why not?